



## PE Curriculum Overview

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
<b>Reception</b>	<b>Locomotion:</b> Walking		<b>Locomotion:</b> Jumping		<b>Ball Skills</b> Hands 1		<b>Ball Skills</b> Feet		<b>Dance</b> Nursery Rhymes		<b>Gymnastics:</b> High, Low, Over, Under	
<b>Year 1</b>	<b>Locomotion:</b> Running	<b>Gymnastics:</b> Wide, Narrow, Curled	Team Building	<b>Gymnastics:</b> Body Parts	Ball Skills Hands	<b>Dance:</b> Growing	Ball Skills Feet	<b>Dance:</b> The Zoo	Ball Skills Hands 2	Health and Wellbeing	<b>Locomotion:</b> Jumping	<b>Dance:</b> Dinosaurs
<b>Year 2</b>	<b>Locomotion:</b> Dodging	<b>Gymnastics:</b> Linking	Team Building	<b>Gymnastics:</b> Pathways	Ball Skills Feet	<b>Dance:</b> Water	<b>Attack V Defence:</b> Games	<b>Dance:</b> Explorers	<b>Locomotion:</b> Jumping	Health and Wellbeing	Ball Skills Hands 1	<b>Dance</b>
<b>Year 3</b>	<b>OAA:</b> Communication	<b>Gymnastics</b> Symmetry & Asymmetry	<b>Net / Wall</b> Tennis	<b>Gymnastics</b> Shapes	<b>Invasion:</b> Tag Rugby	<b>Dance</b> Weather	<b>Invasion:</b> Football	<b>Dance:</b> Roald Dahl	<b>Athletics</b>	<b>Dance:</b> Witches and Wizards	<b>Striking &amp; Fielding</b> Cricket	<b>Invasion:</b> Dodgeball
<b>Year 4</b>	<b>OAA:</b> Orienteering	<b>Gymnastics:</b> Travelling	<b>Invasion:</b> Football	<b>Gymnastics:</b> Bridges	<b>Invasion:</b> Basketball	<b>Dance:</b> Salsa	<b>Net / Wall</b> Tennis	<b>Dance:</b> Cats	<b>Athletics</b>	<b>Swimming</b>	<b>Striking &amp; Fielding</b> Rounders	<b>Swimming</b>
<b>Year 5</b>	<b>Net/Wall:</b> Tennis	<b>Swimming</b>	<b>Invasion:</b> Tag Rugby	<b>Swimming</b>	<b>OAA:</b> Communication and tactics	<b>Swimming</b>	<b>Striking &amp; Fielding</b> Cricket	<b>Swimming</b>	<b>Invasion:</b> Football	<b>Dance</b> Street	<b>Athletics</b>	<b>Gymnastics:</b> Balance and Tension



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<b>Year 6</b>	<b>Invasion:</b> Football	<b>Dance:</b> Greeks	<b>Net / Wall</b> Badminton	<b>Gymnastics:</b> Matching & Mirroring	<b>OAA:</b> Problem Solving	<b>Dance: WW2</b>	<b>Invasion:</b> Basketball	<b>Gymnastics:</b> Matching & Mirroring	<b>Athletics</b>	Health Related Exercise	<b>Striking &amp; Fielding</b> Rounders	<b>Gymnastics</b>
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