

## Vaughan Primary School **PE Curriculum Overview 2020-2021**

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	INDOOR	Finding a space		Finding a space		Finding a space	
	OUTDOOR	ABC of movement		ABC of movement		ABC of movement	
Year 1	INDOOR	Gymnastics Travelling	Dance Introduce	Gymnastics Rolling	Dance Develop	Gymnastics Taking weight	Dance Consolidate
	OUTDOOR	Games Moving/ striking	Games Sending/ Receiving	Games Fielding	Games Sending/ Receiving	Introduction to Athletics Running/Jumping/Teamwork	
Year 2	INDOOR	Gymnastics Flight/Jumping	Dance Introduce	Gymnastics Taking weight	Dance Develop	Gymnastics Rolling	Dance Consolidate
	OUTDOOR	Games Sending/ Receiving	Games Aiming	Games Striking/ Fielding	Games Sending/ Receiving	Athletics Running/Jumping/Throwing/Teamwork	
Year 3	INDOOR	Gymnastics Climbing	Dance Introduce	Gymnastics Balance	Dance Develop	Gymnastics Pathways	Dance Consolidate
	OUTDOOR	Outdoor Adventurous Activities (OAA)	Games Sending	Games Receiving	Games Finding space	Games Striking/ Fielding	Athletics Running/Jumping/ Throwing/Teamwork
Year 4	INDOOR	Gymnastics Travelling	Dance Introduce	Gymnastics Rolling	Dance Develop	Swimming	
	OUTDOOR	Games Sending/ Receiving	Games Invasion games (Tag Rugby)	Games Striking/Aiming (Hockey)	Games Striking/ Fielding (Cricket)	Athletics Running/Jumping/ Throwing/Teamwork	Outdoor Adventurous Activities (OAA)
Year 5	INDOOR	Swimming		Swimming		Gymnastics Mirroring & Matching	Indoor Athletics/ Circuit Training
	OUTDOOR	Athletics Running/Jumping/ Throwing/Teamwork	Outdoor Adventurous Activities (OAA)	Games Invasion games (Tag Rugby)	Games Net/ Invasion games (Netball, Korfball, Basketball)	Athletics Running/Jumping/ Throwing/Teamwork	Games Striking/ Fielding (Cricket)
Year 6	INDOOR	Gymnastics Counterbalance	Gymnastics Stretching and curling	Yoga	Dance Develop and Consolidate	Games (Volleyball)	Games Net/ wall (Badminton)
	OUTDOOR	Games Net/ wall (Short Tennis)	Games Net/ Invasion games (Handball, Dodgeball)	Games Invasion games (Football)	Games Striking/ Fielding (Baseball, Rounders)	Athletics Running/Jumping/ Throwing/Teamwork	Outdoor Adventurous Activities (OAA)

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