

## SENDING RECEIVING THROWING CATCHING: Reception to Y7

### Incorporate attacking and defending

Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Reception	<b>Fundamental skills: Sending</b>				
	<p><b>Push</b></p> <p>push the object [see list under ideas] along the floor [one hand/two hands]</p> <p>push the ball along the floor towards a target</p> <p>push the ball along the floor at a given target</p> <p>push the ball along the floor in a restricted space</p> <p>push the ball along the floor to a moving target</p>	<p>individually</p> <p>in pairs – with another child, with a ta</p> <p>Targets:</p> <p>cones</p> <p>chalked targets on floor</p> <p>goals</p> <p>targets on wall</p> <p>own hands</p> <p>hoops</p> <p>buckets</p> <p>quoits</p> <p>ropes [making a line for the ball to be sent over]</p> <p>catching nets</p>	<p>to use force to send/propel a ball forwards</p> <p>to use force to send/propel a ball forwards towards a given target</p> <p>to use force to send/propel a ball forwards towards a moving target</p>	<p>two hands behind the ball</p> <p>extend arms forward towards the target</p> <p>push [force] to send the ball</p> <p>head looking at target</p> <p>one hand behind ball</p> <p>extend arm towards target</p> <p>release ball low to floor</p> <p>head looking at target</p>	<p>To send an object along the ground using, increased force, throwing the object at a given target from different distances, knowing where to position oneself in order to receive or catch an object</p> <p>I can push a ball/object towards a space</p> <p>I can push a ball/object towards a target</p> <p>I can push a ball/object towards a given target</p>
	<p><b>Rolling</b></p> <p>roll the ball along the floor</p> <p>roll the ball along the floor towards a target</p> <p>roll the ball along the floor at a given target</p> <p>roll the ball along the floor in a restricted space</p> <p>roll the ball along the floor to a moving target</p>	<p>Equipment:</p> <p>hard</p> <p>soft [with velcro discs for sticking to a target]</p> <p>oval</p> <p>airfloat</p> <p>large</p> <p>small</p> <p>foam</p> <p>quoits</p> <p>shuttlecocks</p> <p>hoops [rolling]</p>	<p>to understand the changes we have to make in order to send the ball along the floor quickly or slowly towards a target</p> <p>to aim towards a given target</p>		<p>I can roll a ball/object towards a space</p> <p>I can roll a ball/object towards a target</p> <p>I can roll a ball/object towards a given target</p>

	<p><b>Throwing</b></p> <p>send the ball underarm towards a target</p> <p>send the ball underarm at a large target</p> <p>send the ball underarm at a small target</p> <p>send the ball using either left or right hands <i>[some children who write with one hand catch and throw with the other]</i></p>	<p>vary the distance</p> <p>goal keeper gloves</p> <p>velcro pads</p>	<p>transfer our weight when sending a ball</p> <p>understand where our 'throwing hand' finishes</p>	<p>right hand ball/left foot forward</p> <p>left hand ball/right foot forward</p> <p>introduce transference of weight from right to left or left to right foot</p> <p>opposite hand and foot follow through towards the target</p> <p>low follow through will keep the ball down</p> <p>eyes on the ball as release</p> <p>know where the target is</p>	<p>I can throw a ball/object towards a space</p> <p>I can throw a ball/object towards a target</p> <p>I can throw a ball/object towards a given target</p>
	<p><b>Receiving</b></p> <p>sitting on the ground</p> <p>standing up</p> <p>moving towards</p>		<p>move towards a ball coming towards us</p> <p>think where we need to position ourselves in order to receive the ball</p>	<p>arms/hands go out to receive the incoming ball</p> <p>get body behind the ball</p> <p>watch ball in to hands</p> <p>give as receive ball</p>	<p>I can receive a ball/object coming towards me when I am sitting on the ground</p> <p>I can receive a ball/object coming towards me when I am standing up</p> <p>I can move towards a moving ball/object and attempt to receive it</p> <p>I can move towards a moving ball/object and receive it</p>
	<p><b>Catching</b></p> <p>to self</p>	<p>floating scarves</p>	<p>position ourselves in order to receive an object</p>	<p>position looking at ball</p> <p>bring in to chest</p> <p>fingers stretched reaching towards ball</p> <p>soften knees as receive /catch ball</p>	

Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 1	<b>Fundamental skills</b>				
	<p><b>Sending/throwing :</b> using hands with increased control and to different targets including stationary and moving and at different distances</p> <p>over arm</p> <p>underarm</p> <p>shoulder throw</p> <p>pushing [using a heavier ball introduces the children to the shot put]</p> <p>slinging [using quoits for this introduces the children to the discus throw]</p> <p>children can start to understand the differences between slinging/throwing/pushing</p>	<p>individually</p> <p>in pairs</p> <p>threes [brings in changes in angle and therefore feet adjustment]</p> <p>Targets:</p> <p>cones</p> <p>chalked targets on floor</p> <p>goals</p> <p>targets on wall</p> <p>hands of another person</p> <p>hoops</p> <p>buckets</p> <p>quoits</p> <p>ropes [making a line for the ball to be sent over]</p> <p>catching nets</p> <p>vary the distance [this should vary the type of throw used]</p> <p>Equipment:</p> <p>hard</p> <p>soft [with velcro discs for sticking to a target]</p> <p>oval</p> <p>airfloat</p> <p>large</p> <p>small</p> <p>foam</p> <p>quoits</p> <p>shuttlecocks</p> <p>hoops [rolling]</p>	<p>send the ball towards a given target</p> <p>send the ball at a given target</p> <p>send the ball to a moving target</p> <p>send the ball whilst moving <i>[this introduces the idea of bowling in cricket or javelin throw in athletics]</i></p> <p>to know the changes to be made when sending over a short distance</p> <p>to know the changes to be made when sending over a long distance</p>	<p>make adjustments to feet/body when on the move</p> <p>foot facing where want ball to go</p> <p>look at target</p> <p>follow through with hands</p> <p>transfer weight forward</p>	<p>To throw an object using different techniques depending on purpose and type of object being thrown, to know where to position oneself in order to receive/catch an object</p> <p>I can throw an object underarm</p> <p>I can throw an object underarm at a given target</p> <p>I can throw an object overarm</p> <p>I can throw an object overarm at a given target</p> <p>I can make a choice about the throw I use</p> <p>I can talk about the difference between sling throw and push</p>

	<p><b>Receiving/catching:</b></p> <p>using hands at different levels e.g catching ball above head</p> <p>watch a ball coming towards and know where to move</p> <p>watch a ball coming and know when to move</p> <p>two handed catch</p> <p>one handed catch</p> <p>receive and send in same action [balloons beach ball] <i>[introduction to volleyball]</i></p>	<p>goal keeper gloves velcro pads balloons beach balls balls with bells</p>	<p>to know where to move in order to receive a ball coming towards us</p> <p>to receive a ball coming towards us</p> <p>to attempt to receive a ball coming towards us using one hand</p> <p>to receive a ball and be ready to send it again</p> <p>to receive a ball and be ready to send it in a different direction</p>	<p>balanced on feet</p> <p>eyes on ball</p> <p>arms/hands go out to receive the incoming ball</p> <p>get body behind the ball</p> <p>watch ball in to hands</p> <p>give as receive ball</p>	<p>I can make an attempt to catch a ball/object at different levels</p> <p>I can catch a ball/object at different levels</p> <p>I know when to move towards a ball/object in order to be in a good position to catch it</p> <p>I can move towards as ball/object and be ready to catch it</p> <p>I can catch a ball/object having moved towards it</p> <p>I can catch one handed</p> <p>I can catch with my non preferred hand</p> <p>I am starting to be able to receive and send in the same action</p>
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Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 2	<p><b>Throwing</b></p> <p>underarm</p> <p>over arm</p> <p>over different distances</p> <p>changing the speed of release backwards [introducing rugby]</p>	<p>use targets at different distances and heights</p> <p>rounders posts</p> <p>cricket wickets</p> <p>target could be another person or a space [see reception and year 1]</p>	<p>throw a ball for a purpose</p> <p>make a choice on the type of throw</p> <p>know how to throw the ball using different speeds</p> <p>think how we can improve the accuracy of our throws</p>	<p>make small adjustments with feet</p> <p>balance</p> <p>changes that have to make in order to send ball further away/closer to</p> <p>[see reception and year 1]</p> <p>look at target arms reach up knees help with the lift balance release ball at height of arms follow through towards the target one hand sends ball other hand acts as guide/steady ball [basketball] both hands push ball towards target [high fives shooting/ volleyball pass]</p> <p>looking at the ball balanced as receive ball</p> <p>look, reach, receive ball in to hands get behind ball, watch ball in to hands</p> <p>transfer weight forward as send ball forward</p> <p>thumbs on top of rugby ball and facing down the centre line of the ball</p>	<p>To throw an object with increasing accuracy at a given target including at a net as used in for example korfbal, basketball, High 5's, to make choices about where to position oneself when catching an object including in the air.</p> <p>To make choices about the type of throw and force that needs to be exerted in order to throw a longer distance, the changes needed to throw over a shorter distance, the action of throwing backwards</p> <p>I can throw for distance</p> <p>I can throw over a short distance</p> <p>I can throw for distance towards a target</p> <p>I can throw over a short distance towards a target</p> <p>I can throw for distance at a given target</p> <p>I can throw over a short distance at a given target</p> <p>I can throw for a purpose</p> <p>I can throw the ball backwards to a player</p>

Year group	Skills to be taught Cont...[2]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
	<p><b>Aiming</b> towards a target using two hands</p> <p>towards a moving target</p>	<p>Use targets at different heights [reflecting aiming in to the net in korfbal/high fives/basketball]</p> <p>Each child has a spot which is put to the right and slightly ahead of their right foot [opp for left handed]</p> <p>Aim ball into air and land it on the spot <i>[developing aiming at a goal/toss up in tennis for serve]</i></p>	<p>Aim towards a given target</p> <p>To know the adjustments needed when aiming towards a high target</p>	<p>Reach with the ball</p> <p>Follow through with arms hands</p> <p>Head position – follow ball</p> <p>Give with knees and extend through</p>	<p>Aiming towards a stationary target using an upward movement, aiming towards a moving target, aiming in to a space for a player to move in to</p> <p>I can aim towards a stationary target</p> <p>I can aim at a stationary target</p> <p>I can aim successfully at a stationary target and retrieve the ball</p> <p>I can aim towards a moving upward target</p> <p>I can aim at a moving upward target</p> <p>I can aim successfully at a moving upward target and be ready for the next pass</p>

Year group	Skills to be taught Cont...[3]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
	<p><b>Catching/Receiving</b></p> <p>two hands</p> <p>move to receive</p> <p>receive over different distances/heights</p> <p>receive whilst off the ground</p> <p>receive and move [rugby, basketball]</p>	<p>2 v 2</p> <p>piggy in the middle</p> <p>5's - a sends to b and then runs and stands behind d b throws to c and runs behind e etc</p> <p>e c a b d</p>  <p>this practice set up can be used for all sorts of activities including sending in football/hockey</p> <p>rebound nets</p>	<p>to know where to move in order to receive a ball</p> <p>to use our knowledge of jumping to receive a ball whilst off the ground <i>[use skills taught in gymnastics for takeoff and landing]</i></p>	<p>balanced on feet</p> <p>eyes on ball</p> <p>arms/hands go out to receive the incoming ball</p> <p>get body behind the ball</p> <p>watch ball in to hands</p> <p>give as receive ball</p>	<p>Catch or receive ball stationary and on the move over different distances and heights, receive/catch whilst off the ground therefore gaining height, receive and move with the ball</p> <p>I can move to receive the ball over different distances</p> <p>I can lift off the ground to gain height in order to receive the ball</p> <p>I can receive the ball and then move forward with it using a holding and running action or bouncing action</p>

Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 3	<p><b>Sending/Throwing</b> send/throw sideways ball backwards</p> <p>shoulder throw- knowing when to apply</p> <p>chest pass- short and sharp</p> <p>bounce pass- to get underneath outstretched arms</p> <p>on the move</p> <p><b><i>all these can be explored using non preferred hand</i></b></p>	<p>use different group sizes to focus on different skills</p> <p>2's – practice the sending</p> <p>3's – introduce idea of defender [piggy in the middle]</p> <p>5's – send and move [see year 2]</p> <p>use playground markings</p> <p>circles</p> <p><b><i>The children can come up with their own ideas. Make use of playground chalk and small pieces of equipment and wet PE lessons.</i></b></p> <p>introduce defender so when sending have to think where the defender is</p>	<p>to send the ball in a different direction to the direction the feet are moving</p> <p>to send the ball over a long distance</p> <p>to find a way of accurately passing the ball under outstretched arms</p> <p>to send the ball when moving</p> <p>to send the ball away from an opponent</p>	<p>make small adjustments with feet</p> <p>changes that have to make in order to send ball further away/closer to</p> <p>[see reception and year 1]</p> <p>look at target</p> <p>arms reach up</p> <p>knees help with the lift</p> <p>release ball at height of arms</p> <p>follow through towards the target</p> <p>one hand sends ball</p> <p>other hand acts as guide/steady ball</p> <p>[basketball]</p> <p>both hands push ball towards target [high fives shooting/ volleyball pass]</p> <p>looking at the ball</p> <p>balanced as receive ball</p> <p>look, reach, receive ball in to hands</p> <p>get behind ball, watch ball in to hands</p> <p>transfer weight forward as send ball forward</p>	<p>To make a choice about the throw when sending to another person including in a competitive situation. To be able to create a game activity which develops a targeted skill. To receive on the move with control</p>

Year group	Skills to be taught Cont...[2]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 3	<p><b>Receiving</b> in front behind on the move</p> <p><b>Receiving and Moving</b> with the ball moving in different directions</p> <p><i>All these can be explored using two hands, one hand, non preferred hand</i></p>	<p>feeder send ball at partner varying the distance, speed, height</p> <p>feeder sends ball over partners head for them to turn and move on to in order to catch</p> <p>feeder sends ball to side partner moves to receive</p>	<p>to find ways of keeping possession of the ball in a team situation</p> <p>to learn where there are spaces to move in to</p> <p>to be balanced on receiving on the ball</p>	<p>be aware of where other players are show partner where you want the ball be on toes ready to move</p> <p>balance use landing foot to help slow movement give with knees as land head up</p>	<p>Moving towards the ball to receive it might mean than an opponent cannot intercept it, knowing where the space to move in to is important and shows spatial awareness and an early understanding of how to keep possession</p> <p>I can move towards a ball to receive it</p> <p>I can move towards a ball and receive it</p> <p>I can move to receive a ball behind me</p> <p>I can receive a ball behind me</p> <p>I can receive a ball and be balanced and then be ready to send the ball</p>

Year group	Skills to be taught Cont...[3]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 3	<b>Aiming</b> towards the target with the target being a net [reduce the size of the net]	different height nets throw down spots to be targets – send ball up and it has to land on the spot	to be able to aim the ball towards a high target  to be able to aim the ball at a high target  to be able to aim a ball at a given target and attempt to retrieve it again	arms extended on toes ready to move  look at target  follow aim trying to take possession again of the ball	I can aim towards a high target [net on a post] I can aim at a high target I can aim at a high target successfully I can follow through in order to re-catch the ball
	<b>Move Away</b> from an opponent and be ready to receive a ball	<b>Dodging</b> in pairs A and B side by side A can move forwards and backwards and B has to try and stay with partner. change over on whistle command repeat facing repeat one behind other	to move away from a partner  to know where the spaces are around me  to find ways of keeping possession of the ball as a member of a team	on toes use shoulders to 'feint' and add confusion small steps agility	I can change direction quickly  I can lose my partner  I know where there is space to move in to
	<b>Applying the learnt skills</b>  Invasion games: <b>TAG RUGBY</b> <b>Send/throw</b> backwards <b>Receive and move</b> with the ball finishing with grounding the ball in order to score a try [this action can be forward]  <b>Attacking play</b> knowing when to move to receive a pass Knowing where to receive the pass remembering that it will be coming sideways or backwards	<b>Tag Rugby</b> [RFU has a great scheme of work to follow  make sure learning objectives/outcomes are included]	to know which type of throw to use  to know how to score  to know where to move in order to receive a pass	see teaching points in schemes of work	I can select a throw to use in a given situation  I know how to ground the ball when scoring a try  I know where to move in order to receive a pass

	<p><b>BASKETBALL.HANDBALL/KORFBALL/H5 NETBALL</b></p> <p><b>Sending</b> overarm shoulder, chest, bounce, one handed on the move</p> <p><b>Aiming</b> towards a target [net]</p> <p><b>Receiving</b> in front, behind ,on the move,</p> <p><b>Move away</b> from an opponent to receive a ball [attacking]</p>	<p><b>England Netball</b> has some great resources <a href="http://www.englandnetball.co.uk/my-game/High_5">http://www.englandnetball.co.uk/my-game/High_5</a></p> <p><b>Handball</b> <a href="http://englandhandball.com/wp-content/uploads/downloads/2012/07/EHA_World_Class_Schools_Brochure_0910.pdf">http://englandhandball.com/wp-content/uploads/downloads/2012/07/EHA_World_Class_Schools_Brochure_0910.pdf</a></p>	<p>to know which type of pass I need to use [in a given situation]</p> <p>to aim towards a given target</p> <p>to know where to move in order to receive a pass</p> <p>to know how to lose an opponent in order to receive a pass</p>	<p>see teaching points in schemes of work</p>	<p>I can select a throw to use in a given situation</p> <p>I know how to ground the ball when scoring a try</p> <p>I know where to move in order to receive a pass</p>
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Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 4	<p><b>Sending</b> know when to use each throw including the weight of the pass</p> <p>aiming towards a goal from different distances</p> <p><b>Sending</b> type of pass/volley/on ground/overhead</p> <p>forward</p> <p>back</p>	<p>use different group sizes to focus on different skills</p> <p>2's – practice the sending</p> <p>3's – introduce idea of defender [piggy in the middle]</p> <p>5's – send and move [see year 2]</p> <p>use playground markings, playground chalk</p> <p>circles</p> <p><i>The children can come up with their own ideas.</i></p>	<p>send the ball to meet a purpose</p> <p>send towards a target for a given purpose</p> <p>know how to adjust the way we send the ball according to where the target is</p> <p>place the ball in to a given space for a player to move on to</p> <p>to control the ball before sending</p>	<p>make small adjustments with feet</p> <p>changes that have to make in order to send ball further away/closer to [see reception and year 1]</p> <p>look at target arms reach up knees help with the lift release ball at height of arms follow through towards the target one hand sends ball other hand acts as guide/steady ball [basketball] both hands push ball towards target [high fives shooting/volleyball pass]</p>	<p>To send using feet/hands/head, receive using feet/hands and to combine the two movements e.g volley, to understand that a target might also be a space, to make good choices about the type of sending action to be used, to begin to understand an attacking role, a defending role</p> <p>I can change the weight of a pass according to where I need to send the ball</p> <p>I can aim [successfully]at a goal from different positions</p> <p>I can see where a player is moving and send the ball in to that space</p> <p>I can see where a player is moving and send the ball in to the space so that the player can move on to it and receive it</p> <p>I can receive the ball control it, send it, in one fluent movement</p>

Year group	Skills to be taught Cont....[2]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 4	<p><b>Receiving</b> on move but landing in a stationary position</p> <p>off ground, land and be ready to send again</p> <p>intercept- to anticipate a throw</p> <p><b>Receiving</b> foot/chest on the move</p>	<p>use different group sizes to focus on different skills</p> <p>2's – practice the sending</p> <p>3's – introduce idea of defender [piggy in the middle]</p> <p>5's – send and move [see year 2]</p> <p>use playground markings, playground chalk circles</p> <p>rebound nets</p> <p><i>The children can come up with their own ideas.</i></p>	<p>to receive the ball whilst moving but be able to maintain control</p> <p>to receive and send in one movement</p> <p>to anticipate where a throw might go</p> <p>to react to another player's actions</p> <p>to move in to position to receive the ball on the ground and maintain possession</p>	<p>looking at the ball</p> <p>balanced as receive ball</p> <p>look, reach, receive ball in to hands get behind ball, watch ball in to hands</p> <p>transfer weight forward as send ball forwards</p>	<p>To be able to control a landing [as in high fives], to leap to receive a ball and land safely ready to send it, to anticipate a throw and to intercept it</p> <p>To receive a ball at my feet and control it, to receive a ball on my chest and control it</p> <p>I can control a landing holding on to the ball</p> <p>I can control a landing holding on to the ball and be ready to send it</p> <p>I can anticipate a throw</p> <p>I can intercept a throw and have control ready to send the ball</p> <p>I can receive the ball with my feet and be ready to send it</p> <p>I can receive the ball on my chest and be ready to control it with my feet</p>

Year group	Skills to be taught Cont...[3]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 4	<p><b>Aiming</b> towards a target</p> <p>target may be a space for a player to run on to</p>	<p>introduce defender[s] so when sending have to think where the defender is [link with attacking and defending skills]</p> <p>hang targets off the goal mouths</p> <p>small games 2 v 2 3 v 3 or introduce overload – 2 v 3 / 3 v 2</p>	<p>to identify a target and make changes to a technique in order to aim at the target</p> <p>to know what different targets are and changes that need to be made in technique accordingly</p> <p>make decisions about an action[s] <i>[the start of umpiring/refereeing]</i></p>	<p>transfer weight</p> <p>follow through</p> <p>look and assess before aim</p>	<p>To know the changes I have to make when a defender is brought in, to know where a space is and how it might be used</p> <p>I can identify a target and aim at that given target</p> <p>I know that a target might be a space for someone to run on to</p> <p>I can send a ball in to a space for someone to run on to</p> <p>I can make changes when there are defenders marking a player or myself</p>

<p>YEARS 4 5 6</p>	<p><b>Applying the learnt skills</b> <b><u>INTRODUCE OFFICIATING IN ALL GAMES</u></b></p> <p>Net/wall/invasion: <b>BASKETBALL/HANDBALL/KORFBALL/H5 NETBALL/VOLLEYBALL/GOAL BALL NEW AGE CURLING/BOCCIA/SITTING VOLLEYBALL</b></p> <p><b>Sending</b> using all throws knowing when to use each type of throw throwing on the move/off the ground rolling along the floor sideways slinging action</p> <p>using a pushing action getting the ball high</p> <p>pushing along the ground low release</p> <p><b>Aiming</b> towards a goal from different distances following up an aim at goal at a player over a net on to the floor [target]</p> <p><b>Receiving</b> on the move off the ground intercepting a throw</p> <p>receiving and sending in same motion</p> <p><b>Intercepting</b> listening for the ball [goalball] moving anticipating</p>	<p><b>Dodging</b> moving away from a player pretending to move one way but going another [feint dodge]</p> <p><b>Marking</b> staying with a player marking a space marking an area</p> <p><b>FOOTBALL</b></p> <p><b>Sending</b> along the ground, short distance, long distance directly to a player in to a space for a player to run on to forwards sideways backwards bowling ball out/throwing out – goal keeper throwing in from sideline</p> <p><b>Receiving</b> foot chest on the move trapping receive control send in to hands [goal keeper]</p> <p><b>Aiming</b> towards a target space for a player to run in to</p> <p><b>Intercepting</b> moving anticipating</p>	<p><b>Dodging</b> Moving away from a player Pretending to move one way but going another [feint dodge]</p> <p><b>Marking</b> Staying with a player Marking a space Marking an area</p> <p><b>TAG RUGBY</b></p> <p><b>Sending</b> sideways backwards on the move</p> <p><b>Receiving</b> from in front on the move</p> <p><b>Aiming</b> over the line and grounding the ball</p> <p>accelerating away from another play accelerating in to a space</p> <p><b>Intercepting</b> moving anticipating</p> <p><b>Dodging</b> moving away from a player pretending to move one way but going another [feint dodge]</p> <p><b>Marking</b> staying with a player marking a space marking an area</p>
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Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Year 5/6	<p><b>Invasion Tag Rugby</b></p> <p><b>Receiving</b> on the run from both sides <i>Over different distances and heights</i></p> <p><b>Sending</b> on the run to both sides <i>Over different distances and heights</i></p> <p><b>Moving</b> with the ball and maintaining possession with ball under either arm <i>Using body to shield ball</i></p> <p><b>Attacking</b> play – knowing when to pass the ball</p> <p><b>Defending</b> play- anticipating where the opponent is [marking] <i>closing down space</i>, anticipating a pass from the opposition that can be intercepted</p> <p><b>Team play</b> change defence in to attack 4v4 [DEVELOPMENT OF TACTICAL PLAY]</p> <p><b>Officiating</b> start with just one rule and build up with others e.g in tag when tagged must stop must ground ball in order to score</p>	<p>Check out the Tag Rugby scheme of work. It will need adapting to suit teaching and learning but gives a good base.</p> <p>Another link: <a href="http://www.englandrugby.com/my-rugby/education/schools/primary/kids-first-rugby/">http://www.englandrugby.com/my-rugby/education/schools/primary/kids-first-rugby/</a></p>	<p>applying and selecting skills to meet a purpose</p> <p>place the ball in to a given space</p> <p>put pressure on the opposing team <i>[this might be through accurate sending/receiving-throwing/catching or passing and therefore keeping possession of the ball and not letting the opposing team have possession]</i></p> <p><i>this will put pressure on them and they are more likely to make mistakes]</i></p> <p>make decisions about an action[s] <i>[the start of umpiring/refereeing]</i></p> <p>work as a member of a team</p>	<p>dynamic balance</p> <p>looking whilst running</p> <p>anticipating a defender coming towards you</p> <p>make a decision about timing</p> <p>working as a team – one goes in for an interception, another player backs that player up</p>	<p>To send and receive on the move with increased accuracy, selecting and applying skills that meet a purpose including in a competitive situation, to be aware that tactics can impact on a team's performance, to officiate making good decisions, to be able to receive on both sides of the body, to be able to send either to the right or the left, to be able to anticipate a pass as an attacker and as a defender, to work as a team, to be able to make decisions when playing, to solve problems , to start to analyse decisions, types of pass used and their effectiveness in competitions, to apply tactics in a game</p> <p>I can receive on both sides of my body</p> <p>I can send the ball either to the right or to the left</p> <p>I can anticipate an pass and move in to a place to receive a ball</p> <p>I can mark a player preventing them from taking possession of the ball</p> <p>I can work as a member of a team</p> <p>I can lead a team</p> <p>I can make decisions about an action [s]</p>

Year group	Skills to be taught Cont...[2]	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about.....	Opportunity for assessment
Years 5/6/7	<p><b>H5/Korfball/basketball/hand ball/sitting volleyball/volleyball/boccia/new age kurling</b></p> <p><b>Receiving</b> on the move pivot <i>at speed</i></p> <p><b>Send and move</b> in one movement with quick release of the ball</p> <p><b>Aiming</b> towards goal having received ball on the move in different parts of the circle <b>Rebound catch and shoot</b> <b>Step back to move away from defender, keep balance, shoot</b></p> <p><b>Attacking</b> intercept <b>Intercept and release in same movement</b></p> <p><b>Defending</b> marking partner marking a zone/space</p> <p><b>Moving in to</b> new space <b>Moving taking player with you to create space</b></p> <p><b>Officiating</b> <b>2 rules</b> <b>Build up to 3 or more rules</b></p>	<p><a href="http://www.Englandnetball.co.uk/my-game/High_5/high-5-downloads">http://www.Englandnetball.co.uk/my-game/High_5/high-5-downloads</a></p>	<p>make decisions about an action[s] <i>[the start of umpiring/refereeing]</i></p> <p>move the ball quicker</p> <p>develop the accuracy of a pass under pressure</p> <p>be able to anticipate a pass</p> <p>to know where an opponent is moving to</p> <p>make decisions about an action[s] <i>[the start of umpiring/refereeing]</i></p>	<p>balance when jumping and landing</p> <p>know which was the landing foot</p> <p>move round pivot foot</p> <p>stretch to reach for ball whilst keeping landing foot still</p> <p>use shoulders to feign movement – move one way with shoulders and then move off in opposite direction</p> <p>be ready to move off in any direction</p>	<p>To send and receive on the move with increased accuracy, selecting and applying skills that meet a purpose including in a competitive situation, to be aware that tactics can impact on a team's performance, to officiate making good decisions, to be able to receive on both sides of the body, to be able to send either to the right or the left, to be able to anticipate a pass as an attacker and as a defender, to work as a team, to be able to make decisions when playing, to solve problems, to start to analyse decisions, types of pass used and their effectiveness in competitions, to apply tactics in a game</p> <p>I can receive on both sides of my body</p> <p>I can send the ball either to the right or to the left</p> <p>I can anticipate an pass and move in to a place to receive a ball</p> <p>I can mark a player preventing them from taking possession of the ball</p> <p>I can work as a member of a team</p> <p>I can lead a team</p> <p>I can make decisions about an action [s]</p>

