STRIKING AND FIELDING: Reception to Y7								
	Incorporate attacking and defending							
Year group	Skills to be taught	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about	Opportunity for assessment			
Reception	Fundamental skills:							
	Fundamental skills: Fundamental skills striking strike ball with hand strike ball with hand at a target strike ball with hand at a small target strike ball with hand in to air strike ball with foot strike ball with foot at a target strike ball with foot at a small target strike ball with foot at a small target [different parts of the foot] strike ball with a small piece of equipment strike ball with a small piece of equipment towards a target strike ball with a small piece of equipment towards a target	batting tees for children to put ball on and strike off different sized balls bats, rackets, sticks,	strike a ball so it moves forward strike a ball towards a given target strike a ball at a given target strike a ball using different parts of our feet find to find ways of striking a ball other than with our hand or feet	opposite hand and foot follow through towards the target low follow through will keep the ball down eyes on the ball make adjustments with feet when using something like a bat as the ball will now be further away	To strike a ball [different weights and sizes] in different ways, to know that striking with a hand or foot requires transference of weight, striking with a bat or similar requires coordination I can strike a ball with my hand I can strike a ball at a large target I can strike a ball at a small target I can strike a ball at a small target I can strike a ball with my foot I can strike a ball with a piece of equipment			

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
	<u> </u>	, 0	Learning Objectives ideas	ο.	assessment
9. c e.b					4000001110110
eception	receiving ball along the ground	different sized/weighted balls	receive a ball coming towards us	arms go out to receive the incoming ball	To receive a ball along the ground, in to the
	receiving ball in hands		receive a ball with increased	0	hands, moving to
	0	different distances	control	get body behind the	receive the ball,
	receiving ball in to cupped hands			ball	making adjustments as
		chase bubbles	think where we need to position		move so that
	move towards object to be 'fielded'		ourselves in order to receive the	watch ball in to hands	positioned behind the
	adjusting feet	knock balloons in to the air	ball		incoming ball
		and catch		pull ball in to body	
	make changes to the body as you retrieve				I can watch a ball in to my hands along the
	chase and retrieve				floor
	chase and retrieve and roll back				I can receive a ball in to my hands
					I can receive a ball in to my cupped hands and upper arms
					I can move towards an incoming ball
					I can make changes to my body position as I move towards a ball
	eception	Introducing Fielding receiving ball along the ground receiving ball in hands receiving ball in to cupped hands move towards object to be 'fielded' adjusting feet make changes to the body as you retrieve chase and retrieve	Introducing Fielding receiving ball along the ground receiving ball in hands receiving ball in to cupped hands receiving ball in to cupped hands move towards object to be 'fielded' adjusting feet make changes to the body as you retrieve chase and retrieve different sized/weighted balls different distances chase bubbles knock balloons in to the air and catch	Introducing Fielding receiving ball along the ground receiving ball in hands receiving ball in to cupped hands move towards object to be 'fielded' adjusting feet make changes to the body as you retrieve chase and retrieve different sized/weighted balls receive a ball coming towards us balls receive a ball with increased control think where we need to position ourselves in order to receive the ball	Introducing Fielding receiving ball along the ground different sized/weighted balls receive a ball coming towards us the incoming ball receiving ball in hands receiving ball in to cupped hands receiving ball in to cupped hands move towards object to be 'fielded' adjusting feet chase and retrieve different sized/weighted balls receive a ball coming towards us the incoming ball receive a ball with increased control get body behind the ball think where we need to position ourselves in order to receive the ball watch ball in to hands pull ball in to body

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group		taught		think about	assessment
Year 1					
	Striking	use range of targets	strike the ball whilst on the	make adjustments to	To strike the ball using
	strike ball with foot when moving forwards		move	feet/body when on the	the foot or piece of
		use range of balls		move	equipment, to know
	strike ball with foot towards a target when		strike the ball towards a given		that the weight is
	moving forwards	explore different parts of	target	foot facing where want	transferred forward
		the foot [not toes]		ball to go	
	strike ball with foot at a target when		strike the ball for a purpose		I can strike the ball
	moving forwards	hockey/cricket/rounders	[passing to a team	look at target	with my foot towards
		explore using different	member/shooting at goal]		a target
	strike ball with foot at a small target	pieces of equipment – can		stick/bat ends up	
	[different parts of the foot]	use large bats so children	strike a ball and move	pointing at the target	
	and a half the court days of a court	have more success	at all a sales II for a sales and	atalanta na arta arad	I can strike the ball
	strike ball with a small piece of equipment		strike a ball for a purpose	weight is transferred	with a piece of
	and move forwards			forward	equipment towards a
	strike ball with a small piece of equipment				target
	towards a target and move forwards				I can strike the ball
	towards a target and move forwards				with my foot at a
	strike ball with a small piece of equipment				target
	at a target and move forwards				target
	at a target and move forwards				I can strike the ball
					with a piece of
					equipment at a target
					, ,
					I can strike a ball and
					then move

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group	Cont[2]	taught		think about	assessment
Year 1	Developing Fielding receiving ball along the ground with the ball arriving at different speeds receiving ball in to cupped hands move towards object to be fielded adjusting feet and know where it needs to be returned to	feeder rolls ball towards target [child] balls on low cones for children to retrieve throw ball in air and catch throw different heights and catch feeder lobs balls off a bat for child to catch	know what a ready position is when receiving a ball move to where the ball is get to the ball quickly and to know why	bent knee on floor helps form the barrier move to get behind line of the ball judge pace of the ball	To receive a ball along the floor, to have hands ready and know why they need to be out in front of our body, to move towards a ball not wait for it to arrive I can watch a ball in to my hands I can move and get behind a ball coming towards me I can move towards a ball

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
Year group Year 2	Striking strike ball with different parts of the foot when moving forwards and to know which part of the foot should be used when striking a ball towards a target which is close which is further away which is at different heights	Ideas on how they might be taught use targets at different distances use targets at different heights [reflecting shooting in to the top corner of the net]	Learning Objectives ideas make adjustments when striking the ball strike a ball for a purpose to explore striking the ball	Teaching points: think about make small adjustments with feet changes that have to make in order to send ball further away/closer to	To strike a ball consistently using different pieces of equipment including feet and hands, to make adjustments according to the size
	strike ball with different pieces of equipment and know the adjustments that have to be made > hockey stick > tennis racket > paddy bat [round wooden] > rounders bat [G&T] strike ball for a purpose	hang targets off the goal posts target could be another person or a space let the children choose the piece of equipment – not all the children need to be using the same pieces	to strike a ball for a purpose to develop an idea in to a practice to work with others by cooperating	Taking stick/bat back – what difference does this make to the speed of the ball in the strike? follow through towards the target	of the ball I can strike the ball using transferable skills I can coordinate my movement so that I can strike the ball I can strike the ball at a
	 to reach another player to score a goal to beat a player 	playground chalk – children to develop their own skill practices			close target I can strike the ball at a distant target I can strike a ball for a purpose and know what that purpose is

Year group	Skills to be taught Cont	Ideas on how they might be taught	Learning Objectives ideas	Teaching points: think about	Opportunity for assessment
Year 2	Developing fielding receiving ball along the ground with the ball arriving at different speeds getting behind the ball [long barrier] receiving ball in to cupped hands and prepare to throw back to a given target move towards object to be fielded adjusting feet, fielding the ball and to know where it needs to be returned to	A rolls ball towards B, B moves towards ball and returns to A A and B stand next to each other A rolls ball away from B along the ground B runs fields ball, runs back repeat A throws to B who receives with cupped hands Change distance, speed, direction swap over children develop their own practices	make judgements as to the direction of a ball work as a team to field the ball safely receive the ball in to our hands	looking at the ball balanced as approach ball look, reach, receive ball in to hands get behind ball, watch ball in to hands	To move to receive the ball getting behind it, eyes following the ball, hands cupped, field the ball and begin to return it I can move to receive the ball I can follow the ball in to my hands I can receive the ball and be ready to send it

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group		taught		think about	assessment
Year 3	Striking				
	e.g Short Tennis				
		Beginning to apply the	strike the ball towards a moving	moving towards the	To apply previously
	Striking	generic skills	target	ball	learnt skills in to a
	forehand				competitive situation,
	backhand – explore one handed, two	In 2's	make adjustments to our stance	adjusting feet	to know which shot
	handed	A feeds ball by hand to B	to send the ball using a		choice to make, to
		[this is always a good way	backhand	shoulder facing the	know where the
		of starting when the focus is		target	spaces are and why
	Placing	on the skill eg volley-	look for a space and make this		they should be the
	away from opponent/in to space	children are unlikely to be	the target	follow through towards	target and not the
		able to feed accurately		the target	person, why a volley
		using the racket for the	put our opponent under		gives the person
		other person to volley]	pressure	weight moves forwards	striking it time
		repeat with racquets	limit the time the opponent has		I can keep a rally going
			to react	short pull back of	using my forehand
				racket	
	Volleying	use targets on the floor-	to add pace to the striking		I can keep a rally going
	striking ball with short back swing	hoops/chalk circles	action [and to know what might effect this might have]	punching action	using my backhand
					I can place the ball
					away from my
					opponent
					I can strike the ball
					before it hits the
					ground

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group		taught		think about	assessment
Year 3	Striking and Fielding				
cont	e.g Cricket	A feeds B bats [swap over	look for a space and make this	foot moves towards	To strike the ball off
	Striking	after 6 – 6 balls in an over]	the target	the pitch of the ball	the front or back foot,
	on to front foot				to place the shot in to
	off back foot	remember the focus is on		protect the wicket	a space, to field the
		the striking of the ball and			ball quickly and cleanly
		not on the technique of the		straight bat	to put pressure on the
		feeder			batter
				watch ball on to bat	
					I can strike the ball off
	Fielding	A rolls ball towards B, B	restrict the number of runs a	bat up as the bowler	my front foot
	long barrier	moves towards ball forming	batsman can score	prepares to release the	
	sending ball to above stumps	long barrier , throws ball		ball	I can strike the ball off
		back to A			my back foot
					I can protect my
					stumps
					·
					I can field the ball
					cleanly
					o.cu,
					I can field the ball
					quickly
					quickly
					I can field the ball and
					begin to return it
					begin to return it
					I can field the ball and
					return towards the
					stumps

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group	Skins to be taught	taught	Learning objectives ideas	think about	assessment
Year 4	Hockey is an invasion game but it requires				To be able to strike the
	a player to strike the ball		[Some of these learning		ball to meet a
	·		objectives apply to		purpose. [The purpose
	e.g hockey [Quicksticks]	A passes to B stationary	tennis/cricket/hockey/golf]	moving towards the	may change slightly
	Striking	A passes to B on the move		ball	with the striking game
	towards a given target [reverse stick G&T]	A passes to B using the	apply striking the ball to meet a	adjusting feet	being played.]
		reverse stick	purpose	shoulder facing the	
	Positional play	A strikes towards a target		target	I can strike a ball
	Receiving ball at top of circle in a position	[goal]	keep possession of the ball	follow through towards	towards a given target
	to shoot			the target	
		Goalkeeper in kit – strike	strike towards a target for a	weight moves forwards	I can field a ball
	Attacking	towards the GK- kick out to	given purpose		coming towards me
	moving in to spaces	the side [don't give the GK a		balance [when gk	
	Running off the ball	stick]	know how to adjust the way we	equipment on]	I can field a ball by
		GK can learn to strike the	strike the ball according to		running backwards
	Defending [inc GK]	ball	where the target is		. 6.11
	Clearing ball away from incoming players				I can field a ball and
	Keep ball low		protect a given space		send it back aiming
			place the hall in to a siven coope		towards a given target
	Chuiling and Fielding	Lice chare wiekets as targets	place the ball in to a given space	foot moves towards	I can field a ball and
	Striking and Fielding e.g Cricket	Use spare wickets as targets in spaces – can the batter	place pressure on the runner	the pitch of the ball	send it back aiming at
	Striking	strike one of the wickets in	place pressure on the runner	protect the wicket	a given target
	looking for spaces, ball placement	the fielding space	to put pressure on the batter	straight bat	a given target
	looking for spaces, ball placement	the helding space	to put pressure on the sutter	Straight bat	I can talk about how to
	Fielding		to work together as a team	watch ball on to bat	attack
	long barrier, retrieve and return to target			bat up as the bowler	
				prepares to release the	I can talk about how to
	Positional play			ball	defend
	Role of wicketkeeper				
	·			when throwing ball in	I can work with other
				to wicketkeeper look at	members of a team
				target, arm follows	
				through to target, pull	I am beginning to think
				action of throw	tactically

Striking forehand backhand with increased accuracy looking for spaces Placing where need to strike the ball but the movement is in the body but not moving forwards where need to strike the ball but the movement is in the body but not moving forwards punching action reaching action to take weight moves forward ch	I can strike the ball with increasing accuracy I can strike the ball changing the pace I can look for spaces
Striking forehand backhand with increased accuracy looking for spaces Placing where need to strike the ball but the movement is in the body but not moving forwards where need to strike the ball but the movement is in the body but not moving forwards punching action reaching action to take ball overhead for serve weight moves forward characteristics. Placing	with increasing accuracy I can strike the ball changing the pace
forehand backhand with increased accuracy the body but not moving looking for spaces forwards ball but the movement is in the body but not moving forwards reaching action to take ball overhead for serve weight moves forward characteristics. Placing ball but the movement is in the body but not moving forwards reaching action to take ball overhead for serve weight moves forward characteristics.	accuracy I can strike the ball changing the pace
accuracy the body but not moving looking for spaces forwards reaching action to take ball overhead for serve veight moves forward characters. Placing the body but not moving forwards reaching action to take ball overhead for serve veight moves forward characters.	I can strike the ball changing the pace
looking for spaces forwards ball overhead for serve weight moves forward characters Placing ball overhead for serve weight moves forward characters hit ball slightly in front	changing the pace
weight moves forward che placing hit ball slightly in front	changing the pace
Placing hit ball slightly in front	
	can look for spaces
shots away from opponent	I can look for spaces
, ,	I can send the ball in
	to the spaces away
	from an opponent
Serving	
	I can strike the ball
	before it bounces
Movement off the ball	
	I can be ready to move
shot	
Working with a partner	
coverage of court	
different roles	
	I can keep my head
	over the ball and still
	when striking it
spots watch the ball	
	I can transfer my
	weight forward with
	control
target nets to chip in to forward	
	I can strike the ball for
	different purposes at
	different speeds
buckets on side to putt in to head over ball and still	
weight transfers	
forward with the shot	
watch the ball	

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group		taught		think about	assessment
Year 5	Striking and fielding				
	e.g baseball/rounders	rounders and baseball are	place the ball in to a given space		To be able to strike
	Striking	more challenging as the bat		watch ball on to bat	the ball to meet a
	in to space	is thinner.			purpose, to retrieve a
	strike sending ball over fielders' heads		put pressure on the opposing team	bat to finish where	ball using different
	Placement	small games		want the ball to go	methods, to think
	of fielders focussing on coverage of space				tactically
	Receiving	using posts a stands behind	run over the shortest distance	transfer weight	[These can apply to
	stumping and moving ball back to bowler	stump, b returns ball for a to	possible in order to score	forward	tennis/cricket/rounder
	Team play	receive and stump post			s/baseball]
	order of batters as a tactic			keep bat out in front	I can strike a ball
	placement of fielders	set posts out for children to		when running	
	alongside:	run round getting them to			I can strike a ball
	Running	run tightly round the post		run tight to the post	with increasing
	round corners, aggressively				accuracy
	Throwing			be aware of the	
	overarm, underarm as bowler, changing	https://www.yourschoolgam		fielder whilst running	I can strike a ball
	pace of ball as bowler	es.com/uploads/file/primary			sending it to a
		_rounders_challenge_final_f	strike the ball so it leaves the		targeted space
	Officiating no balls and stumpings	or_print.pdf	ground	watch ball on to bat	
					I can organise
	Striking and Fielding			bat to finish where	fielders/team players
	e.g Cricket			want the ball to go	
	Striking				I can effectively
	knowing which ball to strike and which to			transfer weight	organise fielders/team
	leave	small games		forward	players
	strike and run				
	judging when to run	targets on wall for children		keep bat out in front	I can watch the ball
	Fielding	to flick ball on to		when running	into my hands and
	long barrier				stump post/wicket in
	retrieve and return to target	. ,		ground bat when	one action
	throw to arrive above stumps	https://www.yourschoolgam		reach crease at the	
	Positional play	es.com/uploads/file/primary		other end	I can run with purpose
	fielder placement	_cricket_challenge_card.pdf		be aware of the	I can change the pace
	Officiating			fielder whilst running	of the ball I am
	grounding the bat	http://www.kwikcricket.org/			bowling
	no ball	kcdowloads.aspx			

	1			
Striking	http://www.sportplan.net/d			I can confuse my
e.g Short Tennis	rills/tennis/	know the effect of brushing the		opponent by adding
Striking		ball whilst holding the racket in		spin to my shot
ball with spin	targets drawn on playground	different ways and changing the		
back hand and forehand	using chalk	follow through		I can place the ball
strike and move				making it harder for
Placing	use throw down spets to			
making decisions and moving feet in to right	use throw down spots to			my opponent to
position to execute	help children toss ball up and	work as a member of a team		return it
angle passes away from opponent	allow it to land in right place			
Serving		to assess the role of the 'ready		I know where to place
overarm striking ball	feed ball by hand for volley	position'		the ball so I have the
Volleying	practice			best chance of
placing ball away from opponent	'			remaining in an
Movement	a feeds b sends back by			attacking position
off the ball	brushing the ball with the			attacking position
doubles play with partner	_			1
	racket creating spin			I can work with a
Invasion				partner effectively
e.g hockey –				
striking				
_	http://www.southcharnwoo	put pressure on an opponent	follow through	I can use my reverse
develop striking the ball and move on to receive ball back	dssp.org.uk			stick effectively
	/index.php/usefulinformatio	know which type of pass to use and	weight behind stick	,
Receiving	n/	why	hands apart	I can strike the ball in
on the move	'	Willy	nanus apart	
reverse stick	downloads/category/14-			different ways
Sending	quicksticks-drills-resource-	keep possession of the ball		according to the
push, hit	cards		get underneath ball	situation
Aiming		reduce the opportunities for the	flicking action	
flicking	http://in2hockey.englandhoc	opposition to attack	follow through	I can defend a goal
Positional play	key.co.uk/		towards the target	using my hands
using width of pitch	core-resources-cards.aspx			[gloved]
using back pass effectively	· ·			10 1
Attacking	http://www.playquicksticks.c			I can keep the pace of
self pass maintaining pace of game	o.uk/			the game going
getting round a player				the game going
Defending [inc GK]	example-resources/			1
zone marking				I can mark a player
4v4				
Officiating:				I can change defence
slap pass – not advised at this level				in to attack [defence
deliberate feet				in to offence]
ball raised too high				

Year	Skills to be taught	Ideas on how they might be	Learning Objectives ideas	Teaching points:	Opportunity for
group		taught		think about	assessment
Year 6	Striking and fielding	http://www.active.com/base	Put pressure on the fielding team		To be able to strike the
Year 7	e.g baseball/rounders	ball/articles/3-fun-baseball-		Calling so team	ball to meet a purpose,
	Striking	drills-for-kids	Communicate for a purpose	mates know where	to retrieve a ball using
	strike and run with purpose			you are/planning to	different methods, to
	deceive fielders	http://www.qcbaseball.com/	Feed the ball putting the batter	run	think tactically and to
	Placing	drills/baseball-drills.aspx	under pressure		inspire a team
	if cannot hit ball far where should the aim be				[These can apply to
	Look at where fielders are and make changes	Running with bat out in front			tennis/cricket/rounder
	to the follow through sending the ball away	Maintain contact with the			s/baseball]
	from them Receiving	post	Put pressure on the batting team		
	running backwards	·		Throwing on the	I can strike a ball
	run turn and throw in one movement	Feed the ball [bowling] with	Reduce the time the batsman has	turn:	with increasing accuracy
	Throwing	spin making striking it more	to run between post/wicket	Right handed:	I can strike a ball sending
	Judging the throw so it lands in hands of fielder	challenging	μ,	approach ball	it to an unexpected
	on post	3 3		keeping it to the	targeted space
	Backstop to 2 nd base at speed to stop ½			right of right foot	an gerea space
	rounder opportunity			When ball at heel	I can organise
	Team play		Apply striking skills to a	pick up with right	fielders/team players
	placement of fielders , using strong catchers at		competitive situation	hand, pivot on left	effectively and know the
	base 2, fearless fielder as back stop, strong	Return throwing on the turn	competitive situation	foot, turn anti	strengths of the different
	overarm thrower and catcher as deep fielder,	inclum throwing on the turn		clockwise, move in	players on both teams
	sharp fielder on 3 or 4, strong catcher on 1 covering of posts, backing up fielders and			to throwing action as	
	those on posts			turn.	I can watch the ball into
	Bowling	In game situation		Left handed:	my hands and stump
	with spin	in game situation		opposite	post/wicket in one action and look to pass
	donkey drop			Оррозис	the ball on to another
	Stumping				post
	stump and send to another post in one				P
	movement				I can back up a fielder
	awareness of the runner				
	Fielding				I can run with purpose
	Use of long barrier				with an awareness of
	Work with partner on long throw following a				where the ball is
	chase Officiating:				Languardal agricultural III
	no balls, stumpings, obstruction				I can add spin to the ball
	no sano, stampingo, sostraction				Logn work with a
					I can work with a
					partner to field the
					ball

Striking and Fielding				
e.g Cricket	See resources in Y5	Work with a partner when fielding	See resources	
Striking	See resources in 15	creating pressure on batting team	See resources	
stepping in to the ball		creating pressure on batting team		
mix up strokes putting pressure on fielders		Develop skill of running backwards		
strike and run with purpose watching the		whilst looking at a target [high		
movement of the fielders		ball]		
working with partner knowing when to		bunj		
call for a run and when to stay put				
can for a ran and when to stay put				
Fielding				
retrieve and return to target with				
increasing accuracy				
throw to arrive above stumps and in to				
hands of wicketkeeper				
run backwards to retrieve ball				
7411 2401104145 60 10411616 2411				
Positional play				
fielder placement				
use of bowlers to put pressure on				
opponents				
Officiating				
in or out as ball arrives at stumps				
Striking				I can confuse my
e.g Short Tennis		Send the ball high over an		opponent by adding
Striking		opponent's head	See resources	spin to my shot on my
to opponents weaker side				forehand and
lob		Send the ball high over an		backhand
move opponent around		opponent's head for the ball to		
Placing		land inside the base line		I can place the ball
using lines as target for pass				making it harder for
if player at net lob				my opponent to
serving		work as a member of a team		return it
with increasing speed		covering the court		
on to forehand				I know where to place
on to backhand		intercept a pass and know the		the ball so I have the
on to weaker side		impact		best chance of
with spin				remaining in an

Volleying forehand backhand with depth pushing opponent back Movement off the ball anticipating the next shot Doubles working with a partner building on strengths communication Move forwards and backwards into a space to send receive a pass in a competitive situation across net in doubles to intercept a pass Officiating: scoring	attacking position I can work with a partner effectively I can strike the ball before it bounces and control where I send it I can move to intercept a pass I can move and intercept a pass
scoring	