

Vaughan Primary School PE Curriculum map 2022-23

Key

PV- Based on pupil voice survey and sports leader surveys from last year.

Comp- based on this year's competition calendar.

Pink units- sourced units

Year	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reception	Locomotion/ABC's: Walking		Locomotion/ABC's: Jumping		Ball Skills: Hands		Ball Skills: Feet 1		Dance Nursery Rhymes		Gymnastics: High, Low, Over, Under	
Year 1	Locomotion/ABC's: Running	Gymnastics: Wide, Narrow, Curled	Team Building	Gymnastics: Body Parts	Ball Skills: Hands 1	Dance: Growing (links with science)	Ball Skills: Feet	Dance: The Zoo (links with science)	Ball Skills: Hands 2	Health and Wellbeing: Agility, Balance and Co-ordination	Locomotion/ABC's: Jumping (Athletics skills)	Dance: PV Dinosaurs (links with English and Science)
My Personal Best	<u>Thinking me</u> Curiosity Imagination Concentration				<u>Healthy me</u> Self-belief Honesty Courage				<u>Social me</u> Gratitude Empathy Fairness			
Year 2	Locomotion/ABC's: Dodging	Gymnastics: Linking	Team Building	Gymnastics: Pathways	Ball Skills: Hands 1	Dance: Water/ weather(yr3) (links with science)	Ball Skills: Feet	Dance: Explorers (links with history)	Attack V Defence: Games	Health and Wellbeing: Agility, Balance and Co-ordination	Locomotion/ABC's: Jumping (Athletics skills)	Gymnastics: PV Landscapes (links Geography)
My Personal Best	<u>Thinking me</u> Resourcefulness Reflection				<u>Healthy me</u> Resilience Integrity				<u>Social me</u> Trust Respect			
Year 3	OAA: Communication and tactics	Gymnastics: Symmetry & Asymmetry	Net / Wall: Tennis	Gymnastics: Shapes (current unit)	Invasion: Tag Rugby	Dance: Weather (current unit)	Invasion: Football Wealdstone FC Coaches	Dance: Roald Dahl (current unit)	Athletics	Dance: Witches and Wizards	Striking & Fielding Cricket	Gymnastics: PV TBC
My Personal Best	<u>Thinking me</u> Resourcefulness Reflection				<u>Healthy me</u> Resilience Integrity				<u>Social me</u> Trust Respect			

Year 4	OAA: Orienteering	Gymnastics: Travelling (current unit)	Invasion: Basketball	Gymnastics: Bridges	Invasion: Football (current unit- links with salsa)	Dance: Salsa (current unit)	Net / Wall Tennis	Dance: Cats	Athletics	Swimming	Striking & Fielding Rounders	Swimming
My Personal Best	<u>Thinking me</u> Resourcefulness Reflection				<u>Healthy me</u> Resilience Integrity				<u>Social me</u> Trust Respect			
Year 5	Invasion: Football PV Comp	Swimming	Invasion: Tag Rugby comp	Swimming	OAA: Communication and tactics	Swimming	Net/Wall: Tennis PV	Swimming	Athletics comp	Dance: Year 4 Space unit (links with science)	Striking & Fielding Cricket	Gymnastics: Balance and Tension PV
My Personal Best	<u>Thinking me</u> Evaluation Problem solving Decision making				<u>Healthy me</u> Self motivation Self-discipline Responsibility				<u>Social me</u> Communication Encouragement Co-operation			
Year 6	Invasion: Football comp	Dance: Year 5 unit Greeks (links with topic)	Net / Wall Badminton	Gymnastics: Matching & Mirroring	OAA: Problem solving	Dance: Year 4 unit WW2 (links with English) Dance festival	Invasion: Basketball PV	Gymnastics: TBC	Athletics comp	Health Related Exercise tbc	Striking & Fielding Rounders	Dance: TBC PV
My Personal Best	<u>Thinking me</u> Evaluation Problem solving Decision making				<u>Healthy me</u> Self motivation Self-discipline Responsibility				<u>Social me</u> Communication Encouragement Co-operation			