



# NOURISH YOUR CHILD'S INNER SUPERHERO!

## Our Food

Taylor Shaw's menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat & vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water



## Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please email [Sophia.mclaughlin@taylorshaw.com](mailto:Sophia.mclaughlin@taylorshaw.com)

## Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto the Edwards & Blake team who will then create a safe menu for your child and implement as soon as possible.

Help your school and yourself - claim free school meals

# FREE SCHOOL MEALS

## Did You Know

ALL children in Reception, Year 1 and Year 2 are all eligible for a Universal Infant Free School Meal!

Let Edwards & Blake take the pressure off making a pack lunch and let us provide your child with a nutritionally balanced, hot and delicious lunch,

for **FREE!**

You could save yourself time and **£100's** a year by giving up the pack lunch & encouraging them to have a hot meal prepared and cooked fresh on site by us daily!

Why not give it a try tomorrow?!

# Spring/Summer MENUS 2021

## Vaughan Primary School

**Week One Dates** 19/04/21-10/05/21-31/05/21-21/06/21-12/07/21-30/08/21-20/09/21-11/10/21

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option</b>	Chicken & Tomato Meatball with Pasta & Arrabiata Sauce	Cheesy Topped Chicken Fillets & Baked New Potatoes	Roast Turkey with Yorkshire Pudding, Roast Potatoes & Gravy	Lamb Kofta, Wholegrain Rice & Flatbread	Baked Fish Fingers & Chips with Tomato Sauce
<b>Vegetarian Main Meal Option</b>	Mexican Quorn Fajita & Potato Wedges	Veggie Pasty & Baked New Potatoes	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Wholemeal Cheese & Tomato Pizza with ½ Jacket Potato	Veggie Nuggets & Chips with Tomato Sauce
<b>Vegetable Selection</b>	Garden Peas Carrots	Broccoli Sweetcorn	Savoy Cabbage Cauliflower	Carrots Roasted Vegetables	Baked Beans Garden Peas
<b>Jacket Potato/Pasta Option</b>	Pasta with a choice of Cheese or Tomato Sauce	Jacket Potato with a Choice of Tuna Mayo, Cheese or Baked Beans	Pasta with a choice of Cheese or Tomato Sauce	Jacket Potato with a Choice of Tuna Mayo, Cheese or Baked Beans	Pasta with a choice of Cheese or Tomato Sauce
<b>Dessert</b>	Lemon Drizzle Cake	Chocolate Crispy Cake	Toffee Ice Yoghurt & Banana Slices	Fruit Sponge & Custard	Sultana & Cherry Flapjack with Apple Slices

**Week Two Dates** 26/04/21-17/05/21-07/06/21-28/06/21-19/07/21-06/09/21-27/09/21-18/10/21

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option</b>	Chicken Tikka Curry with Mixed Rice & Naan Bread	Chinese Style Chicken Chow Mein Noodles	Roast Lamb with Stuffing, Roast Potatoes & Gravy	American Style Baked Chicken & Crispy Diced Potatoes	Crispy Battered Fish & Chips with Tomato Sauce
<b>Vegetarian Main Meal Option</b>	Macaroni Cheese Topped with Crispy Croutons	Wholemeal Cheese & Tomato Pizza with ½ Jacket Potato	Veggie Sausages with Stuffing, Roast Potatoes & Gravy	BBQ Veggie Meatball Wrap	Quorn & Vegetable Taco with Lettuce & Salsa
<b>Vegetable Selection</b>	Green Beans Carrots	Sweetcorn Roasted Summer Vegetables	Peas Carrots	Spring Cabbage Cauliflower	Baked Beans Mushy Peas
<b>Jacket Potato/Pasta Option</b>	Pasta with a choice of Cheese or Tomato Sauce	Jacket Potato with a Choice of Tuna Mayo, Cheese or Baked Beans	Pasta with a choice of Cheese or Tomato Sauce	Jacket Potato with a Choice of Tuna Mayo, Cheese or Baked Beans	Pasta with a choice of Cheese or Tomato Sauce
<b>Dessert</b>	Frozen Strawberry Yoghurt & Apple Slices	Banana Traybake & Custard	Fruit & Jelly	Ginger Biscuit & Orange Wedges	Chocolate Sponge & Custard

**Week Three Dates** 03/05/21-24/05/21-14/06/21-05/07/21-26/07/21-13/09/21-04/10/21-25/10/21

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option</b>	Lamb Keema Curry with Mixed Rice & Naan Bread	Creamy Chicken Pie with Mash Potato & Gravy	Roast Turkey with Yorkshire Pudding, Roast Potatoes & Gravy	Tuna Pasta Bake & Garlic Bread	Chicken Goujons & Chips with Tomato Sauce
<b>Vegetarian Main Meal Option</b>	Veggie Keema Curry with Mixed Rice & Naan Bread	Wholemeal Cheese & Tomato Pizza & Jacket Wedges	Quorn Roast with Yorkshire Pudding, Roast Potatoes & Gravy	Vegetarian Pasta Carbonara & Garlic Bread	Quorn Bhaji Burger & Chips with Mango Chutney
<b>Vegetable Selection</b>	Sweetcorn Steamed Carrots	Green Beans Broccoli	Savoy Cabbage Cauliflower	Roasted Carrots, Roasted Peppers & Sweetcorn	Baked Beans Garden Peas
<b>Jacket Potato/Pasta Option</b>	Pasta with a choice of Cheese or Tomato Sauce	Jacket Potato with a Choice of Tuna Mayo, Cheese or Baked Beans	Pasta with a choice of Cheese or Tomato Sauce	Jacket Potato with a Choice of Tuna Mayo, Cheese or Baked Beans	Pasta with a choice of Cheese or Tomato Sauce
<b>Dessert</b>	Fruity Ice Cream	Chocolate Brownie	Jelly & Ice Cream	Iced Carrot Cake & Custard	Toffee Cream Tart

**Fresh Bread, Salad Bar, Fresh Fruit and Yoghurts Available Daily**