

Taylor Shaw Autumn/Winter Menu Vaughan Primary School

Week One- 31/10/22-21/11/22-12/12/22-02/01/23-23/01/23-13/02/23-06/03/23-27/03/23-17/04/23

| WEEK ONE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------|--|--|---|---|--------------------------------------|
| MAIN OPTION | Macaroni Cheese Bake | Chicken Burger & Potato Wedges | Roast Turkey, Roast Potatoes, Yorkshire Pudding & Gravy | Chinese Chicken, Vegetables & Noodles | Fish Fingers & Chips |
| VEGETARIAN OPTION | (V)Vegetable Korma & Mixed Rice | Cheese & Tomato Pizza with Potato Wedges | Quorn Roast, Roast Potatoes, Yorkshire Pudding & Gravy | (V)Veggie Chilli & Mixed Rice | Cheese & Onion Pastry Roll |
| JACKET POTATO, PASTA & RICE OPTION | Jacket Potato with a Choice of Cheese, or (V)Baked Beans | (V)Jollof Rice with 5 Bean | Pasta with Cheese or (V)Tomato Sauce | Jacket Potato with a Choice of Cheese, Tuna Mayo, or (V)Baked Beans | Pasta with Cheese or (V)Tomato Sauce |
| VEGETABLES | Green Beans Sweetcorn | Garden Peas Carrots | Cauliflower Seasonal Greens | Sweetcorn Carrots, Mixed Salad | Baked Beans Garden Peas |
| DESSERT | Cheese & (V)Crackers | Ginger Sponge & Custard | Ice Cream & Banana | Cheese & (V)Crackers | (V)Chocolate Crispy Crunch |

Available Daily: *Some schools may serve Loaded Wedges as an alternative to Jacket Potatoes as they are more child friendly particularly for our smaller pupils

Pick & Mix Selection

Salad, Fresh Bread, Fresh Fruit & Yoghurt



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Week Two- 07/11/22-28/11/22-19/12/22-09/01/23-30/01/23-20/02/23-13/03/23-03/04/23

| WEEK TWO | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------|--|--|---|--|---------------------------------------|
| MAIN OPTION | (V) Tomato & Basil Pasta | Turkey Pasta Bolognese & Garlic Bread | Roast Chicken, Roast Potatoes, Yorkshire Pudding & Gravy | Chicken Meatballs, Tomato Sauce & Mixed Rice | Fish & Chips |
| VEGETARIAN OPTION | Loaded Wedges with Cheese or (V) Beans | Cheese & Tomato Pizza with Potato Wedges | Roast Veggie Balls, Roast Potatoes, Yorkshire Pudding & Gravy | (V) Veggie Burger & Potato Wedges | (V) Vegetable Nuggets & Chips |
| JACKET POTATO, PASTA & RICE OPTION | (V) Jollof Rice with 5 Bean | Jacket Potato with a Choice of Cheese, Tuna Mayo, or (V) Baked Beans | Pasta with Cheese or (V) Tomato sauce | Jacket Potato with a Choice of Cheese, Tuna Mayo, or (V) Baked Beans | Pasta with Cheese or (V) Tomato Sauce |
| VEGETABLES | Sweetcorn Garden Peas | Green Beans Cauliflower | Carrots Savoy Cabbage | Carrots Sweetcorn | Baked Beans Garden Peas |
| DESSERT | Cheese & (V) Crackers | (V) Oaty Crunch Biscuit | (V) Jelly & Mandarins | Cheese & (V) Crackers | Chocolate Brownie |

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Pick & Mix Selection

Salad, Fresh Bread, Fresh Fruit & Yoghurt





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Week Three- 14/11/22-05/12/22-26/12/22-16/01/23-06/02/23-27/02/23-20/03/23-10/04/23

| WEEK THREE | GREEN EARTH MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------------------------|--|---|--|--|--|
| MAIN OPTION | Cheesy Bean Pitta Pocket | Chicken Pie with Mashed Potato & Gravy | Roast Turkey, Roast Potatoes, Yorkshire Pudding & Gravy | Sausage with Mashed Potato & Gravy | Fish Fingers & Chips |
| VEGETARIAN OPTION | Veggie Meatballs with Tomato Sauce & Pasta | Cheese & Tomato Pizza with Potato Wedges | Quorn Roast, Roast Potatoes, Yorkshire Pudding & Gravy | (V)Veggie Mince Pasta Bolognese & Garlic Bread | (V)Crispy Bean & Vegetable Bake & Chips |
| JACKET POTATO, RICE & PASTA OPTION | Jacket Potato with a Choice of Cheese or (V)Baked Beans | (V)Jollof Rice with 5 Bean | Pasta with Cheese or (V)Tomato Sauce | Jacket Potato with a Choice of Cheese, Tuna Mayo, or (V)Baked Beans | Pasta with Cheese or (V)Tomato Sauce |
| VEGETABLES | Mixed Vegetables Garden Salad | Carrots Sweetcorn | Winter Greens Cauliflower | Green Beans Carrots | Baked Beans Garden Peas |
| DESSERT | Cheese & (V)Crackers | (V)Jelly & Mandarins | (V)Flapjack Finger & Custard | Lemon Drizzle Cake & Custard | Cheese & (V)Crackers |

Available Daily: *Some schools may serve Loaded Wedges as an alternative to Jacket Potatoes as they are more child friendly particularly for our smaller pupils

Pick & Mix Selection

Salad, Fresh Bread, Fresh Fruit & Yoghurt