## Level 5 Actions



Level 5



Put both hands calmly to your chest.



Make a circle with the fingers of each hand and place them together to sign 'b' for boy.



Pretend your fist is the knot of a tie and put it on your chest.



Flutter your hand like a leaf blowing around on a tree.



Hold both your hands flat in front of you and pretend to blow out the candles on a cake.



Slide your arm down and across in front of you.



Touch a bone in your forearm.



Make a cube with your hands.



Pretend to play a flute with both hands.



Pretend to hold onto a trapeze bar above your head



Point to your mouth.



Pretend one clenched fist is an acorn and cup it in your other hand.



Make a set of balance scales with your arms and pivot your elbows up and down until they are equal.



Show your teeth and claws like a lion.



Stack your hands in turn one above the other, to build a tall hotel.



Place your hands together like a unicorn horn on your forehead.



Pretend to hold a chef's bowl in one hand and mix it with a spoon in the other.



Open and close each hand in turn, like lights flashing on a Christmas tree.



Place one fist on top of the other, to sign 'g' for girl.



Hold your hands and upper body very still in  $\boldsymbol{\alpha}$ statue pose.



Hold one hand flat like paper as you pretend to slide a glue stick along it in the other.



Pretend to screw your finger into your other



Pretend one hand is a bowl of stew and scoop some out, using the other hand as a spoon.



Move your hands in a sunny arc above your head and wriggle your fingers like sunbeams.



Move your hand back and forth in a sawing motion.



hands downwards like two falling leaves in autumn.



wide open.



be through your shoes).



Pretend to pull a window Point to your big toe (can Pretend to hold a steering wheel and drive a car.



Pretend to make tall buildings with your forearms.



Point to a gem on top of your ring.



Make a leaping dolphin with your forearm.



Pretend to slice a loaf of bread.



Make a shield by crossing both arms in front of you.



Make a witch's hat on your head with your



(can be through your



Point to your bare foot Pretend to hold and bite into a pear.



Pretend to bite into an apple core made with your finger.

