



March 2023

Dear Parents / Carers

**RAMADAN ARRANGEMENTS (Years 3 – 6)**

As a school, we are aware that Ramadan will be starting for our Muslim families over the holidays and understand that some children within the Junior school may wish to fast.

In order that we can best support your child during the day, we ask that you indicate below the days that your child will be fasting.

However, we do request you are mindful of the demands on your children during the school day and are considerate of the impact of fasting on the children’s hydration and focus levels before giving permission for your child to fast in school. Pupils **will** be expected to take part in all areas of the core curriculum and school day. They will not be supervised separately during this time.

It is also important that parents discuss with their children, that they are able to break their fast if they are struggling and need to.

I wish you well with Ramadan and your forthcoming celebrations. Please return the attached slip to your child’s class teacher by Friday 17<sup>th</sup> March if your child will be fasting when Ramadan commences.

Yours sincerely

**MRS KAREN JONES**  
**Headteacher**

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***Please return this slip to your child’s class teacher by Friday 17<sup>th</sup> March 2023***

**VAUGHAN PRIMARY SCHOOL**

**RAMADAN ARRANGEMENTS (Years 3 – 6)**

Child’s name: ..... Class: .....

I give permission for my child to fast on the following days:

Mondays  Tuesdays  Wednesdays  Thursdays  Fridays   
*(please tick as appropriate)*

Signature of Parent/Guardian: ..... Date: .....

