













Autumn / Winter 2024 / 2025 – Week One

Dates: 28th Oct, 18th Nov, 9th Dec, 30th Dec, 20th Jan, 10th Feb, 03rd Mar, 24th Mar, 14th Apr,



WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Main Meal Option	Butternut Squash, Chickpea & Lentil Dhal Served with Rice & Naan Bread Fingers	Chicken Sausage with Skin on Baked Potato Wedges	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Red Tractor Lamb Pasta Bolognese with Garlic Bread 	MSC Fish Fingers & Chips
Vegetarian main Meal Option	Cheese & Tomato Pizza with Garlic Bread 	Cheese & Onion Pastry Roll with Skin on Baked Wedges	Quorn Grill with Gravy, Yorkshire Pudding & Roast Potatoes 	Plant-based Pasta Bolognese with Garlic Bread 	Crispy Vegetable Fingers & Chips
Vegetables	Carrots & Sweetcorn 	Red Tractor British Peas, Baked Beans 	Broccoli/Cauliflower & Carrots 	Green Beans/Sweetcorn 	Baked Beans, British Red Tractor Garden Peas 
Baked Jacket Potatoes/ Jollof Rice or Pasta Option	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans 	Pasta with Cheese or Tomato Sauce	Jollof Rice with Five Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Cheese or Tomato Sauce
Dessert	Chocolate Ice Cream & Orange Smiles 	Cheese & Crackers	'Hidden Fruit' Chocolate, (Beetroot & Pear) Brownie with Custard	Fruity Strawberry Jelly & Mandarin Segments	Vanilla & Cherry Cookie 

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Autumn / Winter 2024 / 2025 – Week Two

Dates: 04th Nov, 25th Nov, 16th Dec, 6th Jan, 27th Jan, 17th Feb, 10th Mar, 31st Mar, 21st Apr,



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Main Meal Option	Cheese & Tomato Pizza with Garlic Bread 	Red Tractor Chicken Sausage with Mashed Potatoes & Gravy	Roast Chicken with Gravy, & Roast Potatoes	Garlic & Tomato Chicken Pasta Spirals 	MSC Fish Finger & Chips
Vegetarian main Meal Option	Potato, Spinach & Cheese Toasted Wrap & Garlic Bread 	Plant Based Sausage with Mashed Potatoes & Gravy 	Quorn Grill with Gravy, & Roast Potatoes 	Beany Vegetable Wrap with a Side of Sunny Vegetable Rice 	Vegetable Sausage & Chips
Vegetables	Sweetcorn & Peas 	Broccoli/Cauliflower 	Country Style Mixed Veg 	Mixed Veg 	Baked Beans, British Red Tractor Garden Peas
Baked Jacket Potatoes/Jollof Rice or Pasta Option	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Cheese or Tomato Sauce	Jollof Rice with 5 Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Cheese or Tomato Sauce
Dessert	Frozen Yoghurt with Apple Slices 	Ice Carrot Cake with Orange Slices 	Chocolate Shortbread Biscuits	Strawberry Jelly & Mandarin Segments	Chocolate Ice Cream

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg

Source of wholegrain

Contains plant-based proteins

50% fruit

Oily fish

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Autumn / Winter 2024 / 2025 – Week Three

Dates: 11th Nov, 2nd Dec, 23rd Dec, 13th Jan, 3rd Feb, 24th Feb, 17th Mar, 07th Apr,



WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Halal Main Meal Option	Cheesy Pasta Spirals with Pizza Style Topping	Cheese & Tomato Pizza with Garlic Bread 	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Lamb Pie with Mash & Gravy	MSC Fish Fingers & Chips
Vegetarian main Meal Option	Beany Shepherd's Pie 	Vegetable Lasagne with Garlic Bread 	Quorn Vegetable Lentil Roast with Gravy, Yorkshire Pudding & Roast Potatoes 	Vegetable Meatballs, Tomato Sauce & Mixed Rice 	Cheese & Onion Pastry Roll
Vegetables	Carrots & Sweetcorn 	Country Style Mixed Vegetables 	Broccoli & Cauliflower 	Mixed Vegetables 	Baked Beans, British Red Tractor Garden Peas 
Baked Jacket Potatoes/Jollof Rice or Pasta	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Cheese or Tomato Sauce	Jollof Rice with 5 Beans	Jacket Potato with Cheesy Beans, Tuna Mayonnaise or Cheese or Beans	Pasta with Cheese or Tomato sauce
Dessert	Frozen Yoghurt with Fruit Slices 	Orange Jelly	Vanilla Sponge with Custard	Cheese & crackers	Chocolate Fruity Ice Cream 

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 

Source of wholegrain 

Contains plant-based proteins 

50% fruit 

Oily fish 

Our desserts meet Public Health England's target for 'free sugar' intake for your child.

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.