

On-line Workshop

## Positive Discipline

A workshop for all parents /carers with children 3-11 years

**Date:** Monday 19<sup>th</sup> January 2026

**Time:** 7.00 - 9.00pm



**Venue:** On-line via ZOOM

**Cost:** £14.00/£5.00 concession (with proof)

**Price is per parent/carer living in London**

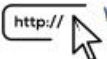
**To enrol please visit  
[www.learnharrow.ac.uk](http://www.learnharrow.ac.uk)  
Courses/ Parenting and Family  
Learning Together**



0208 863 7319 or 07498881496



[info@hopeharrow.org.uk](mailto:info@hopeharrow.org.uk)



<http://www.hopeharrow.org.uk>

Charity Registration Number: 1091703

# HOPE

Helping Families to Live and Learn Together

As a parent it can be exciting and satisfying seeing our children grow into unique individuals and also challenging when they decide they want things their own way. We will look at parenting our children with respect, making sure it's consistent and firm but fair, ensuring we create a long lasting positive relationship

Topics include:

Understanding and acknowledging the needs behind behaviour

Negotiating and setting limits

Finding different ways to communicate effectively

Choices and consequences.



LONDON BOROUGH OF  
**HARROW**